

GRANGE PARK PREPARATORY SCHOOL

WEEK 2



LUNCH MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Tri colour pasta with basil tomato	Chicken Jollof Rice	Lamb Curry with Rice and Naan	Traditional Roast Chicken with Gravy	Chicken nuggets and chips
Veggie Meal	Jacket Potato with: Tuna Sweetcorn, Cheese or Baked beans or coleslaw	Vegetable Jollof Rice	Vegetable Sweet Potato and Chickpea Curry with Rice and	Vegetable Goat Cheese Tart	Veggie nuggets and chips
Side Veggies	Crunchy Fresh Broccoli Trees	Seasonal Fresh Vegetable Medley	Spiced Cauliflower	Roast Potatoes Crunchy cabbage	Baked beans
Dessert	Raspberry Yogurt	Chocolate Muffin	Frozen Yoghurt	Apple pie and Custard	Sliced Fruits

Available Daily

Jacket Potatoes – Crudités Salad Bar – Fresh Cut Fruit