

LUNCH MENU

MONDAY

Homemade cheesy
garlic bread

Meat Free Zone

Vegetable Pasta Bake

Jacket Potato and a
selection of fillings:
Tuna Sweetcorn
Cheese and coleslaw

Crunchy Fresh
Broccoli Trees

Blueberry Frozen
Yogurt

TUESDAY

Sunflower Seed
Bread

Indian Day

Chicken Tikka Masala

Mixed Vegetable and
Dhal Curry
Served with Basmati
Rice & Naan Bread

Fresh Cauliflower

Treacle Sponge
Custard

WEDNESDAY

Garlic Bread

American Job

Homemade Beef
Burger

Vegetable Burger
With Sesame Seed
Bun

Mixed Green Salad
Baked Beans

Chocolate Muffins

THURSDAY

Wholemeal Bread

GPPS Roast

Traditional Roast Chicken
Boneless Thigh with
Stuffing
and Gravy on the side

Sun blushed Tomato &
Rocket Quiche

Baby Carrots & French
Beans

Apple Crumble
Custard

FRIDAY

Lemon Bread

Under the Sea

Catch of the day
served with Tartar
Sauce

Cheese & Tomato
Pasty

Chunky Chips
or ½ Jacket Potato

Garden Peas

Baked Beans

Fresh Fruit Salad

Available Daily

Jacket Potatoes - Crudités Salad Bar - Fresh Cut Fruit

GRANGE PARK PREP SCHOOL

WEEK 3

